



VALMONT
SPA

— AT —

The Carlyle

SPA BEAUTY MENU



Enter a world of art and beauty with Valmont, a prestigious Swiss Cosmetics Group founded in 1985. With an expertise in anti-aging Swiss Cellular cosmetics of the highest standards in quality, the Valmont laboratories create lavish compositions with a unique selection of the finest ingredients the world has to offer. The Valmont Group brings together the worlds of art, luxury, cosmetics, and fragrances. These pillars are where effectiveness, seduction, and sensory and olfactory experiences intermingle and combine along with a virtuous passion for modern art.



Situated in the heart of Manhattan's elegant Upper East Side, The Carlyle has been a whimsical emblem of glamour and luxury since opening in 1930. The Valmont Spa at the Carlyle is the only spa in New York City to exclusively carry Valmont skincare and fragrances. Discover treatments that set new standards of excellence while delivering the utmost in relaxation, revitalization and rejuvenation. The spa welcomes you to the Magical World of Valmont where the experience goes beyond any expectation.

Exclusive Facials

ONLY AT THE CARLYLE... ⌚ 120 min.

Indulge yourself in total serenity that the Valmont Spa has to offer with this exclusive two-therapist treatment. A 60-minute relaxing massage and 90-minute OxyLight facial with a guasha overlapping to provide the ultimate treatment from head to toe. Two therapists, four hands and one perfect moment that everyone deserves.

THE CARLYLE OXYLIGHT EXCLUSIVE ⌚ 90 min.

This exclusive treatment, created for The Carlyle, offers the ultimate in rejuvenation and relaxation. Luxury and efficacy are combined for a complete anti-aging treatment that leaves skin nourished, revitalized, firm and glowing in new found youth! Included is the revolutionary **OxyLight** aesthetic treatment device for the face combined with an extensive facial routine and **Valmont's Signature Regenerating collagen mask**.

L'ELIXIR DES GLACIERS MASTERPIECE ⌚ 90 min.

Born from the most coveted Elixir des Glaciers, **Essences of Bees collection**, this divine treatment is infused with extraordinary compounds of moisturizing honey, purifying propolis and regenerating royal jelly. Coupled with our bespoke massage technique, it is a treat for the décolleté, neck and hands, empowering moisture and radiance to reveal a lustrous clear complexion, that eclipses the signs of age.

The high quality of Valmont products allows facials to be performed without steam or extractions. Please specify if you prefer these add-ons in your treatment.



Signature Facial Treatments

 60/90 min.

HYDRATION OF THE BISSES

Hydration Ritual

A slow, delicate, and singularly relaxing massage facial that targets the lymphatic system to improve fluid flow. This treatment fills the epidermis with water to reveal vibrant, supple, re-plumped skin.

ENERGY OF THE GLACIERS

Energy Ritual

A dual energizing and relaxing massage focused on the vascular system. This treatment revitalizes the skin by stimulating cell oxygenation and dissolving any sign of fatigue. The skin revels in newfound energy and vigor, while the complexion appears fresh and radiant.

LUMINOSITY OF ICE

Luminosity Ritual

Grounded in facial reflexology, this treatment refines the skin's texture and calls forth the glow of a unified complexion. The skin is softer, smoother and altogether radiant, with fewer irregularities.

LIFT FROM THE PEAKS

Anti-Wrinkle & Lifting Ritual

Inspired by fascia therapy, this slow, deep massage fights wrinkles by relaxing and toning the muscles. This treatment program provides an intense smoothing effect while alleviating stress in areas with superficial or more pronounced wrinkles.

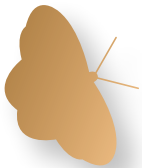
FIRMNESS OF THE HILLS

Firmness Ritual

A deep tissue massage for the face to heighten the skin's firmness to reveal visibly younger skin with enhanced volume definition. The movements in the treatment include deep kneading, palpating and rolling as well as powerful smoothing motions.

ESSENTIAL RITUAL FOR MEN

This facial, exclusively designed for men, combines high performance products to help rebalance the skin leaving it hydrated, energized and rested.



Signature Massages

 60/90/120 min.

RELAX & HARMONIZE – SERENE VALLEY

A massage with appropriate suitable pressure and rhythms to relax your mind and harmonize your body's vital energy to recover stillness and serenity.

ENERGIZE & INVIGORATE – ALPINE VITALITY

Focus on addressing deeper muscular aches and tensions to allow the body's subtle energies to flow.

CLEANSE & PURIFY – STREAM OF PURITY

Starting with detoxifying dry brush back exfoliation, continuing with deeper movements to help muscles relax and get rid of their toxins.

FOOT REFLEXOLOGY

Therapist works on deep reflex zones of both feet that relate to all major organs of the body.

HOT STONE MASSAGE

Warm stones are placed on the chakras and then massaged over the body to promote a deep state of relaxation, soothing away stress and dissolving muscular tension.

MOTHER-TO-BE MASSAGE

A pampering massage to relieve back tensions and swelling in your hands and feet (during second and third trimesters of pregnancy).

THE CARLYLE COUPLES MASSAGE

Enjoy a bespoke spa moment with your loved one, choosing any of our massages, which can be performed in the couples private room.

IN ROOM MESSAGES: Additional \$100 applied to regular massage price.
Please call the spa for more information.



VALMONT

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Signature Body Treatments

THE HYDRA ESCAPE ⌚ 90/120 min.

The ultimate body treatment beginning with full body exfoliation followed by a rejuvenating LED waterfall shower to rediscover the softness of your once baby skin. Then a soothing 60-minute massage will help you relax muscle tension and leave your whole body feeling refreshed.

Detoxifying wrap available as an add-on to enhance this hydrating and detoxing experience.

FIT & TONE – PEAKS OF SLIMNESS ⌚ 60 min.

A full-body remodeling. Kneading and decongesting movements, friction and smoothing pressures for body toning.





Treatment Enhancements

ADD-ON OPTIONS OF OXYLIGHT

LED Therapy
Diamondabrasion
Oxygenation
Microcurrent
Ultrasound

COLLAGEN MASKS

Eye Collagen Mask
Face Collagen Mask
Neck and Décolleté Collagen Mask

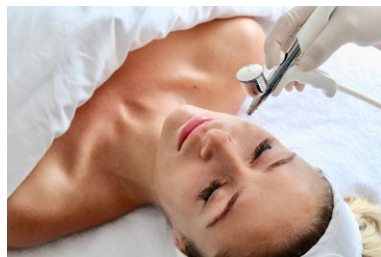
30-MINUTE MASSAGE

VALMONT LUXURY HAND TREATMENT

DRY BRUSH EXFOLIATION

FACIAL EXTRACTIONS

HOT STONES





RESERVATION RECOMMENDED, PLEASE CALL: 212-660-7560

CHECK-IN POLICY – Once appointment is booked, if you would like to indulge in additional spa amenities, please call the spa reception in advance for proper preparation.

CANCELLATION POLICY – All services booked are guaranteed. No-shows and cancellations made less than 24 hours before the scheduled time will be billed at the full treatment rate. Please arrive at least 15 minutes prior to your first appointment.

GIFT CARDS – Valmont gift cards are available and can be applied towards the purchase of products or services. Gift cards must be presented at time of redemption. Non-refundable.

SPECIAL EVENTS – Combine exclusive spa services in a private luxurious setting to enhance your memorable event. For more details, please contact the spa director at 212-660-7560.

HAIR, NAILS AND MAKEUP – We are proud to partner with Yves Durif Salon at The Carlyle. For more details, please call the Salon at 212-452-0954.

For Covid-19 Safety Measures, the spa abides by all NY CDC guidance and recommendations. Spa services are subject to 4.5% tax and 20% gratuity. Spa products are subject to 8.875% tax.



La Maison Valmont brings together the worlds of art, luxury, cosmetics and fragrances with exclusive services. These pillars are where effectiveness, seduction, sensory and olfactory experiences intermingle and combine with a virtuous passion for beauty.

35 E 76th Street (between Madison & Park) NY, NY 10021

Valmont Price Listing for Services

EXCLUSIVE FACIALS

Only at The Carlyle...	120 min.	\$1500
The Carlyle OxyLight Exclusive	90 min.	\$850
L'Elixir des Glaciers	90 min.	\$895
Masterpiece Treatment		

SIGNATURE FACIAL TREATMENTS

Hydration of the Bisses Hydration Ritual		
Energy of the Glaciers Energy Ritual		
Luminosity of Ice Luminosity Ritual	60 min.	\$375
	90 min.	\$480
Lift from the Peaks Anti-Wrinkle & Lifting Ritual		
Firmness of the Hills Firmness Ritual		
Essential Ritual for Men		

SIGNATURE BODY TREATMENTS

The Hydra Escape	90 min.	\$450
	120 min.	\$600
Peaks of Slimness	60 min.	\$335

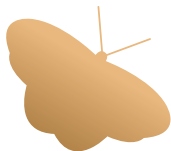
SIGNATURE MESSAGES

Serene Valley		
Alpine Vitality		
Stream of Purity	60 min.	\$295
	90 min.	\$375
Foot Reflexology	120 min.	\$450
Mother-to-be Massage		
The Carlyle Couples Massage <i>(price per person)</i>		
	60 min.	\$335
	90 min.	\$415
	120 min.	\$475
Hot Stone Massage		

TREATMENT ENHANCEMENTS

Add-on options of OxyLight	\$200
Eye Collagen Mask	\$95
Face Collagen Mask	\$150
Neck and Décolleté Collagen Mask	\$195
30-minute Massage	\$190
Valmont Luxury Hand Treatment	\$100
Dry Brush Exfoliation	\$150
Facial Extractions	\$50+
Hot Stones	\$150

Valmont Spa at The Carlyle | 35 East 76th Street, New York, NY 10021 | 3rd Floor | 212-660-7560
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Valmont Spa at The Carlyle
35 East 76th Street, Third Floor, New York, NY 10021 | 212-660-7560
spavalmont@evalmont.ca

Monday – Friday: 9 a.m. – 7 p.m.
Saturday and Sunday: 9 a.m. – 6 p.m.

Discover more about Valmont
by scanning here:



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